

**Visit the Most Fabulous Thrift Store in Albany!**

## Treasure Chest Thrift Store

295 Hamilton St, Albany

*just off Lark Street!*

Furniture, collectibles, antiques, clothing, household items, jewelry & much more!

### Volunteers Needed!

**Free Parking** in lot across the street! Ask our cashier for a parking voucher at the counter!

**Store Phone:** 436-7451 **MC/VISA**

Tues, Wed & Thurs .....11 AM to 6  
Fridays:.....11 AM to 5  
Saturdays: .....11 AM to 4

*All proceeds benefit the Damien Center*

### Damien Center Staff are here to HELP!

Executive Director .....Perry Junjulas  
Executive Assistant.....Aaron Bogert  
Financial Administrator .....Frank Montalvo  
AIDS Community Center Manager .... Raequan Brown  
Office Manager..... Tim Felder  
PAWS Coordinator.....Diane Metz  
Treasure Chest Manager ..... Walter Mastan  
Program Coordinator ..... Andrew Mendez  
Group Coordinator ..... Tommy Rosario  
Prevention Counselor.....Peg Stucky  
Community Nutrition Educator ..... Tricia Bulatao  
Nutrition Program Assistant..... Lindsey Jones  
Smart Meals Chef ..... Claire Brockley  
Smart Meals Assistant Chef..... John Hastings

### Schenectady Damien Center!

Living room & Nutrition Health Education Tuesdays and Fridays 11 AM to 4 PM. If you are a registered member of the Damien Center—please join us! 518-449-7119 for an intake!

### Support Groups & Meetings

GAB (Guest Advisory Board) Meeting - Last Monday of the month at 3:30pm. This board advises us on our programs and how they are running. Drop in! Prizes from the Thrift Store too for attending and participating!!

Men's Support Group - Every Wednesday for men only. Facilitated by Vincent Aiken CASAC

### Social Activities

Pre-BBQ BINGO! - Fourth Monday of the month at 4:30pm!! Prizes from our Treasure Chest Thrift Store too!!

Drop-In Living Room – Open Mon through Fri from 8am-4pm with a comfortable sitting area and a supportive atmosphere!

First Lutheran Church Community BBQ - dinner, fresh veggies & clothing - Open to the entire community!

Monthly BBQ! - Join us for our monthly BBQ (rain or shine) from Noon to 4 PM here at the Damien Center!!!!

### Services & Help for YOU

Community Meal Program - education sessions on choosing nutritious meals! Free giveaways! Lunch is served from 12 to 1:30. To sign up call 449-7119 x108.

Grocery Education Sessions - for members registered with the Smart Meals Grocery Education Program—Learn how to cook and eat nutritiously.

Case Management - Assistance is provided weekly by case managers from the Alliance for Positive Health & Catholic Charities AIDS Services - drop in!

### Topic Groups

Albany Ending the Epidemic Regional Discussion — 9 AM to 1 PM on Tues, Aug 18 at Hilton Albany, 40 Lodge St. Transportation available from the Damien Center at 8:30 sharp. Join us to provide input on regional needs/gaps and have input into putting the plan into ACTION in our region! RSVP to Aaron at 449-7119 x118

Medication Confidentiality & Delivery — Learn about the confidential medication delivery service provided through Jewel Pharmacy. Lunch will be provided!

Mary Lou Hamlin: Quilts, Panels and Memorials— Join Mary Lou Hamlin for a 2-part discussion on making quilts, panels and memorials,

Hepatitis C Education — Aureus Healthcare will be giving an educational presentation on all you need to know about Hepatitis C. Lunch will be provided!

Walgreens: Specialty Pharmacy — Come see what Walgreens' specialty pharmacy has to offer. Lunch will be provided!

Self-Management & Chronic Illness Training— A presentation by Charlene Cooper from CIA.

### Pets are Wonderful Support

Pet Food Pick-up — Please note that pickup times are now on the **second and fourth Tuesday from 1 - 4 pm**. Call no later than 12 noon the Friday before to request your pet food/supplies. PAWS Phone #: 518-944-3223.

Pet Food Pick-up (TROY) — New for PAWS members who live in or around Troy. Pet food pickup available at the Troy Damien Center, 392 2nd St on the 2nd Friday from 12-1pm. Requests must be made no later than the Thurs before by calling 944-3223.

### Holistic Healing

Note: it is always suggested to consult your primary care physician prior to starting any new therapeutic technique

Reiki (pronounced Ray-Key) - is an energy-based form of natural healing and bodywork in which the practitioner directs energy to the recipient so that they may achieve self-healing on many different levels.



The Resource Center  
for People with HIV & AIDS

## August 2015 Calendar of activities for people with HIV/AIDS

**You are not alone** – Maybe you tested HIV+ very recently; maybe you've known it for some time but this is the first time you've reached out for information or support. The Damien Center creates an environment where people can gather to share information, experiences, and make new friends – friends who understand what it is like to live with this disease.

There's no need for you to handle this by yourself. You are not the only person in our community facing this. Just hearing how someone else has adjusted to living with the virus can be enough to help you realize that life is still good, that you can still have love and laughter. **We are not alone. And neither are you.**

Reprinted in part from The Body Positive

**646 State Street, Albany**

Handicap accessible & Parking Available

**Phone:** 518/449-7119 **Fax:** 449-7881

### Mailing Address:

646 State St, Albany, NY 12203

**www.AlbanyDamienCenter.org**

**LIKE US on FACEBOOK**

**To find out all the  
GREAT THINGS going on!!!**



The Albany Damien Center is a resource center for individuals and families living with and directly affected by HIV/AIDS. Drop-in living room hours are Monday through Friday from 8 AM to 4 PM.

Dear Albany Damien Center Members:

Due to funding, we had to make some changes in our services. Effective Aug 1, we are temporarily stopping evening dinners at the Albany Damien Center. We will still serve lunches, but will close the living room at 4 PM daily.

We are working hard to restore the dinners and expect them to be back shortly as we work on getting new funding.

You will also notice a new entryway into the Damien Center and a new ticket system to receive meals. This is to ensure each person who is at the Damien Center is supposed to be there.

Finally, we have put a cap on our PAWS membership. All current clients of PAWS will still receive services, but we will not be taking new clients until the number of PAWS clients falls below 100 people. As we get more funding, we will be able to serve more people.

Please know that we are working hard on increasing funding for our valued programs. Please also know that I am available to speak with you about the changes.

What can **you** do to help?

- 1) Share your story with us. Tell us why the Damien Center is important to you.
- 2) Join us in walking raising funds at AIDS Walk 2015 for the Albany & Schenectady Damien Centers, which will be held on Sat, Sept 26.

Thank you for being a part of a wonderful community here at the Damien Center—and we will continue work hard to be there for each person with HIV/AIDS who needs us!

Sincerely,  
Perry Junjulas, Damien Center Director

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>The Albany Damien Center</b> 646 State Street, Albany, 12203 www.AlbanyDamienCenter.org					1 Center Closed
3 <ul style="list-style-type: none"> <li>Catholic Charities: 11:45-12:45pm</li> </ul>	4 <ul style="list-style-type: none"> <li>Alliance for Positive Health : 12-1pm</li> </ul>	5 <ul style="list-style-type: none"> <li>Alliance for Positive Health 12-1pm</li> <li>Mary Lou Hamlin: Quilts, Panels and Memorials: 12:30pm</li> <li>Men's Support Group: 1pm</li> </ul>	6 <ul style="list-style-type: none"> <li>Nutrition Ed: Make a Change: 11:30am</li> <li>Walgreens: Specialty Pharmacy Presentation: 12:30pm</li> </ul>	7 Center Closed For Staff Training	8 Center Closed
10 <ul style="list-style-type: none"> <li>Catholic Charities: 11:45-12:45pm</li> </ul>	11 <ul style="list-style-type: none"> <li>Alliance for Positive Health: 12-1pm</li> <li>Pet Food Pick-up: 1-4pm</li> </ul>	12 <ul style="list-style-type: none"> <li>Alliance for Positive Health 12-1pm</li> <li>Mary Lou Hamlin: Quilts, Panels and Memorials, Pt. 2: 12:30pm</li> <li>Men's Support Group: 1pm</li> <li>Women's Support Group: 2pm</li> <li>Reiki: 4pm</li> </ul>	13 <ul style="list-style-type: none"> <li>Nutrition Ed: Celebrate: 11:30am</li> <li>Catholic Charities: 11:45-12:45pm</li> <li>Jewel Pharmacy: Delivery &amp; Confidentiality: 12:30pm</li> </ul>	14 <ul style="list-style-type: none"> <li>Center Open!</li> <li>Pet Food Pick-up at Troy Damien Center: 12-1pm</li> </ul>	15 Center Closed
17 <ul style="list-style-type: none"> <li>Catholic Charities: 11:45-12:45pm</li> </ul>	18 <ul style="list-style-type: none"> <li>Albany <b>Ending the Epidemic</b> Regional Discussion—9 AM to 1 PM at Hilton Albany, 40 Lodge St (leave Center at 8:30 AM)</li> </ul>	19 <ul style="list-style-type: none"> <li>Alliance for Positive Health 12-1pm</li> <li>Men's Support Group: 1pm</li> </ul>	20 <ul style="list-style-type: none"> <li>Nutrition Ed: Get Moving: 11:30am</li> <li>Catholic Charities: 11:45-12:45pm</li> <li>Self-Management &amp; Chronic Illness Training: 12:30pm</li> </ul>	21 Center Open!	22 Center Closed
24 <ul style="list-style-type: none"> <li>Catholic Charities: 11:45-12:45</li> <li>GAB Meeting: 3:30pm</li> <li>Pre-BBQ Bingo: 4:30pm</li> <li>First Lutheran Church BBQ: 6pm</li> </ul>	25 <ul style="list-style-type: none"> <li>Alliance for Positive Health: 12-1pm</li> <li>Pet Food Pick-up: 1-4pm</li> </ul>	26 <ul style="list-style-type: none"> <li>Alliance for Positive Health 12-1pm</li> <li>Reiki: 4pm</li> <li>Men's Support Group: 1pm</li> </ul>	27 <ul style="list-style-type: none"> <li>Nutrition Ed: Plan, Shop, Save: 11:30am</li> <li>Catholic Charities: 11:45-12:45pm</li> <li>Aureus Healthcare: Hep C Education 12:30pm</li> </ul>	28 Center Open!	29 <b>Monthly BBQ!</b> Rain or Shine, 12 to 4 Join us for food, music & fun!!
31 <ul style="list-style-type: none"> <li>Catholic Charities: 11:45-12:45pm</li> </ul>	<p>Come help raise funds and walk for the Albany &amp; Schenectady Damien Centers!!  <b>Saturday, Sept 26, 2015</b> Washington Park Lakehouse, Albany            11 AM Reg, 12 Noon Walk - Contact Aaron now at 449-7119 x118 to register to walk and/or raise funds!!</p>				